

† BASIC PSYCHOLOGY †

A 32-Week Faith-Integrated Course • Grades 10–12 • 4 Classes per Week

The mind is fearfully and wonderfully made. Curiosity before conclusions. Compassion before judgment. Wisdom before facts.

What Your Student Gains 🎓

- ✓ A biblical foundation for understanding the mind, brain, and behavior
- ✓ Research literacy — how to think critically about psychological claims
- ✓ A working knowledge of how the brain shapes thought, emotion, and behavior
- ✓ Insight into memory, learning, motivation, and intelligence
- ✓ Tools to navigate adolescence, identity, and relationships with wisdom
- ✓ A compassionate, Christ-centered view of mental health and human struggle
- ✓ Exposure to major psychological theories — from Freud to the Big Five
- ✓ Discernment to evaluate psychology through a biblical worldview
- ✓ A capstone-level grasp of how faith and science meet in the study of the soul
- ✓ Confidence to understand themselves and others through eyes of grace

"I praise You, for I am fearfully and wonderfully made."

— Psalm 139:14

This Course Is For Students Who... ✓

- ✓ Want to understand people — themselves and others — through a biblical lens
- ✓ Are curious about the brain, behavior, and what makes people tick
- ✓ Want faith and science to work together, not pull apart
- ✓ Are in grades 10–12 and ready for real psychological science, taught with heart
- ✓ Want to grow in compassion and wisdom as they head into adulthood

Class Details 📋

Format: 4 classes per week (2 lecture/discussion + 2 independent work with the teacher available)

Length: 32 weeks — full school year

Grade Level: Grades 10–12

Type: Year-Long Course — open enrollment

Faith: 1 Scripture anchor per chapter, woven throughout every lesson

Student Receives Each Week 📚

- ✓ Complete lecture notes to follow and annotate in class
- ✓ Student Textbook chapter with key concepts, examples & glossary
- ✓ 10 review questions after each lecture (true/false & multiple choice)
- ✓ Weekly faith integration reflection tied to Scripture
- ✓ Alphabetized vocabulary list

About This Course

Follow the Light A+ Academy brings the same faith-integrated, student-centered approach to Basic Psychology that families have come to trust. Every chapter blends rigorous, age-appropriate psychological science with warm, biblical application, so students learn not just what researchers have discovered, but what it reveals about the God who designed the mind. Lessons are built to be engaging and conversational, never dry — full of real-world stories, relatable examples, and honest conversations about how people think, feel, and grow.

The goal is simple: every student leaves this course understanding the mind God designed — and the people He calls them to love — with both wisdom and compassion.

Unit 1

Foundations

Understanding the Mind & Method

Ch. 1–6

Unit 2

Sensation, Consciousness & Learning

How We Sense, Wake & Grow

Ch. 7–13

Unit 3

Cognition, Motivation & Development

Thinking, Growing & Becoming

Ch. 14–23

Unit 4

Personality, Social Psych & Mental Health

Who We Are, Together

Ch. 24–32

"For the LORD gives wisdom; from His mouth come knowledge and understanding." — Proverbs 2:6

4 UNITS ❖ 32 CHAPTERS ❖ 1 AMAZING YEAR GROWING IN GOD'S CALLING ❖ followthelightacademy.org