

Follow the Light Academy ✨ AMERICAN HEROES ✨

Exploring the Brave, Faithful & Remarkable People Who Shaped Our Nation
A 32-Week Faith-Integrated Social Studies Course for Grades K–5

History shows you WHAT they did — Scripture shows you WHY it mattered.

What Your Child Gains

- ✓ A solid foundation in all 8 eras of American history
- ✓ Inspiring stories of courage, faith & character each week
- ✓ Historical vocabulary, critical thinking & timeline skills
- ✓ Faith connections woven into every single hero's story
- ✓ Age-appropriate activities using simple, everyday materials
- ✓ Appreciation for God's hand in the story of our nation
- ✓ Age-matched challenge that grows with your child
- ✓ A love of history and heroism that lasts a lifetime

This Course Is For Students Who...

- ✓ Are in Grades K–5 (expectations matched to every age)
- ✓ Love to hear stories of brave, real-life heroes
- ✓ Want history that deepens — not challenges — their faith
- ✓ Learn best with a fun, enthusiastic, faith-filled teacher
- ✓ Are ready to explore America's story from their own home
- ✓ Thrive when learning alongside children of different ages

"For God has not given us a spirit of fear, but of power, love, and a sound mind." — 2 Timothy 1:7

Format	Length	Grades	Schedule	Prereq	À La Carte	Enrollment
Live Zoom sessions	32 weeks (full school year)	K–5 (differentiated by age)	2 days/week • 30–45 min per class	None — all learners welcome	Available — no full program required	Open

Student Receives Each Week

- ✓ A fun hands-on hero activity using household items
- ✓ Weekly vocabulary words and key history concepts
- ✓ Faith reflection connecting the hero's story to Scripture
- ✓ Age-matched challenge, encouragement & review questions
- ✓ Interactive slideshow with sight words & glossary slides

What Your Student Needs

- ✓ A Hero Notebook or journal (any composition notebook!)
- ✓ Colored pencils or markers for drawings & timelines
- ✓ Common household materials (listed each week in advance)
- ✓ Reliable internet connection for live Zoom sessions
- ✓ A curious heart ready to meet America's greatest heroes

 America's Earliest Heroes Weeks 1–4	 Heroes Who Built Our Nation Weeks 5–8	 Heroes of the Frontier Weeks 9–12	 Heroes During Hard Times Weeks 13–16	 Heroes of Progress Weeks 17–20	 Heroes in Dark Times Weeks 21–24	 Civil Rights & Space Weeks 25–28
 Today's Heroes Weeks 29–32	"The deeper you look at history, the more clearly you see the hand of God."					